

PSYCHOLOGY, ASSOCIATE OF ARTS (AA)

Overview

The Psychology curriculum at Santa Barbara City College is designed to provide students with courses needed to prepare for transfer as a Psychology major, to offer courses which are a valuable part of general education, to provide support and ancillary skills for many professions that deal with humans, and to offer studies which are meant to be applied to practical everyday living experiences. Students who complete the Psychology major enter a variety of career fields and/or graduate programs, including business administration, law, recreation, social work, education, counseling, clinical psychology, industrial/organizational psychology, neuroscience, forensic science, communications, health psychology, management, personnel, sports psychology, sales, advertising, marketing and many others. It is important to keep in mind that many of these professional careers require training beyond the undergraduate level, and students with such interests should discuss their plans with a counselor or department adviser as early as possible.

Psychology is the social science discipline most concerned with studying the behavior, mental processes, growth and well-being of individuals. Psychological inquiry also examines the roles played by biological and sociocultural factors that affect behavior and mental processes. It is a broad discipline and profession, having both scientific and applied branches, with practical applications for personal growth and well-being.

The AA degree will provide students with a background and foundation in Psychology, and prepare them for transfer to a four-year college and completion of a bachelor's degree. The AA degree in Psychology may also be used to prepare students for the work force.

Requirements

Associate Degree Graduation Requirements

Complete all of the following:

1. All Department Requirements listed below with a "C" or better or "P" in each course (at least 20% of the department requirements must be completed through SBCC).
2. One of the following three General Education options:
 - a. OPTION 1: A minimum of 18 units of SBCC General Education Requirements (<https://catalog.sbccc.edu/degrees-certificates-awards/#associateddegreeestext>) (Areas A-D) and Institutional Requirements (Area E) and Information Competency Requirement (Area F) OR
 - b. OPTION 2: IGETC (<https://catalog.sbccc.edu/transfer-curricula/#igetctext>) Pattern OR
 - c. OPTION 3: CSU GE Breadth (<https://catalog.sbccc.edu/transfer-curricula/#csugebtext>) Pattern
3. A total of 60 degree-applicable units (SBCC courses numbered 100 and higher).
4. Maintain a cumulative GPA of 2.0 or better in all units attempted at SBCC.
5. Maintain a cumulative GPA of 2.0 or better in all college units attempted.
6. A minimum of 12 units through SBCC.

Code	Title	Units
Department Requirements		
Core Courses		
PSY 100		3-4
or PSY 100H		
PSY 150	Statistics for the Behavioral Sciences	4
or MATH 117		
or SOC 125		
PSY 200	Research Methods and Experimental Design in Psychology	4
Social/Behavioral Sciences/Sciences Electives: Complete either Option A or Option B below		9-11
Total Units		20.00-23.00

Option A

Code	Title	Units
Complete 9 units from the following:		
PSY 106	Positive Psychology	
PSY 110	Introduction to Physiological Psychology	
PSY 112	Introduction to Cognitive Psychology	
PSY 125	Psychology Of Human Sexuality	
PSY 140	Child Development	
PSY 145	Human Development	
PSY 170	Abnormal Psychology	
PSY 175	Social Psychology: Psychological Perspective	
PSY 210	Introduction to Psychopharmacology	

Option B

Code	Title	Units
Psychology Electives		
Complete 6 units from the following:		
PSY 106	Positive Psychology	
PSY 110	Introduction to Physiological Psychology	
PSY 112	Introduction to Cognitive Psychology	
PSY 125	Psychology Of Human Sexuality	
PSY 140	Child Development	
PSY 145	Human Development	
PSY 170	Abnormal Psychology	
PSY 175	Social Psychology: Psychological Perspective	
PSY 210	Introduction to Psychopharmacology	
Social/Behavioral Sciences/Sciences Electives		
Complete 3-5 units from the following:		
ANTH 101	Physical Anthropology	
or ANTH 101H Physical Anthropology, Honors		
ANTH 103	Introduction To Cultural Anthropology	
ANTH 104	Language and Culture	
ANTH 109	Comparative World Cultures	
BIOL 100	Concepts Of Biology	
CHEM 155	General Chemistry I	

COMM 101	Introduction to Communication
CS 104	Introduction to Programming
ECON 101 or ECON 101H	Microeconomics Microeconomics, Honors
ECON 102 or ECON 102H	Macroeconomics Macroeconomics, Honors
ENG 111 or ENG 111H	Critical Thinking and Composition Through Literature Critical Thinking and Composition Through Literature, Honors
ENVS 110	Humans And The Biological Environment
ENVS/HIST 112	American Environmental History
ENVS/ERTH 115	Environmental Geology
ERTH 111 or ERTH 111H	Dynamic Earth - Physical Geology Dynamic Earth - Physical Geology, Honors
ERTH 112	History Of The Earth
ERTH 142/ GEOG 105	Economic Geography
GEOG 102	Human Geography
PHIL 100 or PHIL 100H	Introduction to Philosophy Introduction to Philosophy, Honors
PHIL 101 or PHIL 101H	Introduction to Ethics Introduction To Ethics, Honors
PHIL 111	Critical Thinking And Writing In Philosophy
PHIL 205	Introduction to Logic
PHYS 105	General Physics
PHYS 110	Introductory Physics
POLS 132	Political Thinking
SOC 101 or SOC 101H	Introduction To Sociology Introduction to Sociology, Honors

Learning Outcomes

1. Explain the major concepts, theoretical perspectives, empirical findings, and historical and contemporary trends in psychology.
2. Identify, understand, and apply statistical analyses appropriate for specific research problems in psychology.
3. Select and employ appropriate electronic statistical applications to analyze the results of psychology experiments.
4. Identify, understand, and apply scientifically-based research methods in psychology.
5. Use logic and empirical evidence to evaluate claims made about behavior.
6. Clearly express thoughts, ideas, and arguments, using appropriate tone, focus, grammar, and organization in their communications.

Recommended Sequence

Make an appointment with your SBCC academic counselor through Starfish to create a Student Education Plan that reflects a recommended course sequence for this program that is tailored to your individual needs.

How to schedule an Academic Counseling appointment (<https://www.sbccc.edu/counselingcenter/counselingappointments.php>).