

# COSMETOLOGY

The program is designed to prepare students for the Board of Barbering and Cosmetology Exam and a career as a cosmetologist. Instruction includes: basic hair styling, manicuring, facials, and make-up.

## Application Procedures

1. Submit a Cosmetology Academy Information & Application packet at [www.sbccc.edu/cosmetology](http://www.sbccc.edu/cosmetology). New classes begin throughout the academic year; starting dates are listed in the packet and on our website.
2. Apply for Admission to SBCC 721 Cliff Drive, in the Student Services Building or online.
3. After notification of eligibility, attend the mandatory Cosmetology Academy orientation meeting. Placement will be based on space availability, college registration and attendance at the mandatory meeting.
4. Students are advised to meet with an academic counselor to discuss General Education and complete admission requirements.

## Cosmetology Program

The Cosmetology Program includes five consecutive 8 week modules.

Upon successful completion of these modules, students will be eligible to apply for the California State Board Cosmetology license examination and launch into a career as a Cosmetologist.

To qualify for the State Board Exam, the graduate must be 17 years or older, have completed the minimum program requirements, have proof of completing at least the 10th grade and legal proof as a California resident.

## Esthetician Program

The Esthetician Program includes 2 consecutive 8 week modules. Admittance to the Esthetician program is the same process as the Cosmetology program.

Upon successful completion of the program, students will be eligible to apply for the California State Board Esthetician license examination and launch into a career as an Esthetician.

To qualify for the State Board Exam, the graduate must be 17 or older, have completed the minimum program requirements, have proof of completing at least the 10th grade and legal proof as a California resident.

# Programs of Study

## Associate Degree

- Cosmetology, Associate of Science (AS) (<https://catalog.sbccc.edu/academic-departments/cosmetology/cosmetology-as/>)

## Certificate of Achievement

- Cosmetology, Certificate of Achievement (C) (<https://catalog.sbccc.edu/academic-departments/cosmetology/cosmetology-certificate-achievement/>)

## Skills Competency Awards

- Esthetician, Skills Competency Award (SCA): Level 1 (<https://catalog.sbccc.edu/academic-departments/cosmetology/esthetician-skills-competency-award-level-1/>)

- Esthetician, Skills Competency Award (SCA): Level 2 (<https://catalog.sbccc.edu/academic-departments/cosmetology/esthetician-skills-competency-award-level-2/>)

## Credit Courses Cosmetology (CSMT)

### CSMT 112A Introduction to Cosmetology Clinic A (4.7 Units)

Corequisites: CSMT 121.

Hours: 255 (255 lab)

Prerequisite or First of two consecutive segments of introduction to the cosmetology clinic. Includes health and safety, rules and regulations for the California Board of Barbering and Cosmetology, nail disorders and diseases, properties of the hair and scalp, haircutting, hair coloring, nail tips and wraps, acrylic nails, and light cured gel nails, among other care regimens.

### CSMT 112B Introduction to Cosmetology Clinic B (4.7 Units)

Corequisites: CSMT 112A.

Hours: 255 (255 lab)

Prerequisite or Second of two consecutive segments of introduction to the cosmetology clinic. Students apply proper sanitation and disinfection control; schedule appointments; handle customer service; conduct client consultations; execute basic hairstyling, nail and make-up techniques on clients; among other hair care regimens.

### CSMT 113A Fundamentals of Cosmetology Clinic A (4.7 Units)

Corequisites: CSMT 122 or CSMT 112A and CSMT 112B.

Hours: 255 (255 lab)

Prerequisite or First of two consecutive segments of fundamental cosmetology clinic services. Students perform a basic permanent wave, basic chemical straightening, brick lay permanent wave, loop rod permanent wave, and piggyback permanent wave, among other care regimens.

### CSMT 113B Fundamentals of Cosmetology Clinic B (4.7 Units)

Corequisites: CSMT 113A.

Hours: 255 (255 lab)

Prerequisite or Second of two consecutive segments of fundamental cosmetology clinic. Students perform formal event hair designs; thermal heat hair design; principles of face shapes; and anatomy, electricity, and principles of hair design; among other care regimens.

### CSMT 114A Intermediate Cosmetology Clinic A (4.7 Units)

Corequisites: CSMT 123 or CSMT 113A and CSMT 113B.

Hours: 255 (255 lab)

Prerequisite or First of two consecutive segments of intermediate cosmetology clinic. Students perform intermediate braiding, hair extensions, wig care, intermediate cutting and hair coloring and chemistry, among other care regimens.

### CSMT 114B Intermediate Cosmetology Clinic B (4.7 Units)

Corequisites: CSMT 114A.

Hours: 255 (255 lab)

Prerequisite or Second of two consecutive segments of intermediate cosmetology clinic. Students perform intermediate level hairstyles, eyebrow beautification, leg waxing, facial waxing, facials and make-up, among other care regimens.

**CSMT 115A Advanced Cosmetology Clinic A (4.7 Units)**

Corequisites: CSMT 124 or CSMT 114A and CSMT 114B.

Hours: 255 (255 lab)

Prerequisite or First of two segments of advanced cosmetology clinic. Students apply advanced techniques in haircutting, hair coloring, manicures, pedicures, facials, hair removal, make-up, hair styling and prepare for state board exam.

**CSMT 115B Advanced Cosmetology Clinic B (4.7 Units)**

Corequisites: CSMT 115A.

Hours: 255 (255 lab)

Prerequisite or Second of two consecutive segments of advanced cosmetology clinic. Students prepare for the California Board of Barbering and Cosmetology examinations and practice retail sales, front desk etiquette, salon management, tax laws for independent contractors, resume writing and marketing, among other subjects and care regimens.

**CSMT 121 Introduction to Cosmetology-Module 1 (6 Units)**

Hours: 324 (0 lecture, 324 lab)

First of four consecutive segments of introduction to cosmetology. During this class, students will be introduced to hair-styling such as blowdrying, using a curling and flat iron, hair-cutting, hair coloring techniques, texture services such as perms and relaxers, nail care, & makeup. Students will learn infection control along with sanitation and disinfection. Students will learn chemistry, anatomy and diseases and disorders as they apply to cosmetology.

**CSMT 122 Introduction to Cosmetology-Module 2 (6 Units)**

Corequisites: CSMT 121.

Hours: 324 (324 lab)

Prerequisite or Second of four consecutive segments of introduction to cosmetology. Students apply proper sanitation and disinfection control, execute basic manicure and pedicure services, conduct client consultations, execute basic hairstyles (ie: braids, updos, etc.), learn and execute short hair cuts using clippers, hair color and chemical texturizing techniques while working on clients. Students will also learn how to do artificial nails, such as acrylic nails, builder gels and gel polish.

**CSMT 123 Introduction to Cosmetology-Module 3 (6 Units)**

Corequisites: CSMT 122.

Hours: 324 (324 lab)

Prerequisite or Third of four consecutive segments of introduction to cosmetology. Students will learn and execute skin care techniques, such as basic facials. Students will learn and execute temporary hair removal techniques such as waxing and tweezing. Students will learn about public safety as it applies to skin care and hair removal. Students continue to apply proper sanitation and disinfection control, execute intermediate manicure and pedicure, conduct client consultations, execute intermediate hairstyles (braids, updos, etc.), haircuts, hair color and texturizing techniques while working on clients.

**CSMT 124 Introduction to Cosmetology-Module 4 (6 Units)**

Corequisites: CSMT 123.

Hours: 324 (324 lab)

Prerequisite or Fourth of four consecutive segments. Designed as preparation for the Board of Barbering and Cosmetology Exam. This course includes advanced hair designs (braids, updos, fingerwaves, etc.), advanced facials, lash lifts, brow lamination, lash and brow tinting, among other care regimens. Students continue to apply proper sanitation and disinfection control, conduct client consultations, execute intermediate hairstyles (braids, updos, etc.), haircuts, hair color and texturizing techniques while working on clients.

**CSMT 125 Introduction to Cosmetology-Module 5 (6.7 Units)**

Corequisites: CSMT 124 or CSMT 114A and CSMT 114B.

Hours: 360 (360 lab)

Prerequisite or Six of six consecutive segments. Designed as preparation for the Board of Barbering and Cosmetology Exam. Includes overview and practice of skills earned in all previous courses. All aspects of hair care, artificial and natural nail care, chemical texturizing hair, hair coloring, skin care, hair removal and make-up, among other hair care regimens.

**CSMT 131 Esthetician Training-Module 1 (8 Units)**

Hours: 360 (36 lecture, 324 lab)

First of two consecutive segments of instruction. Twelve units of Degree credit for 320 hours of class completed with a "C" or better average.

Designed as preparation for the Board of Barbering and Cosmetology Exam. Includes basic skin care, analysis of the skin, facial treatments, massage manipulations and temporary hair removal, among other care regimens.

**CSMT 132 Esthetician Training-Module 2 (8 Units)**

Course Advisories: CSMT 131.

Hours: 360 (36 lecture, 324 lab)

Second of two consecutive segments of instruction. Twelve units of degree credit for 320 hours of class completed with a "C" or better average. Designed as preparation for the Board of Barbering and Cosmetology Exam. Includes advanced skin care procedures and techniques, and chemical exfoliation, among other care regimens. Also includes State Board mock exams.