

POST-PROFESSIONAL PRACTICE IN ALCOHOL AND DRUG COUNSELING, CERTIFICATE OF ACHIEVEMENT (C)

Overview

The Alcohol and Drug Counseling Program is designed to prepare students to work in the field of addictions counseling. Both a Certificate of Achievement and Associate Degree are available. The program provides students with the education and training to develop paraprofessional expertise and to qualify for employment as entry-level addictions counselors. A required fieldwork component offers students invaluable hands-on experience working at a facility dedicated to the treatment of alcohol and drug addiction. Licensed clinicians seeking expertise in addictions can complete the new non-fieldwork based Skills Competency Award: Post-Professional Practice in Alcohol and Drug Counseling.

Requirements

Certificate of Achievement Requirements

Complete all Major Requirements for the Certificate of Achievement with a C or better or Pass in each course. Candidates for a Certificate of Achievement are required to complete at least 20% of the major requirements through SBCC.

Code	Title	Units
Major Requirements		
Required Core		
ADC 120	Alcohol and Other Drugs ¹	3
ADC 122	Pharmacological And Physiological Effects Of Alcohol And Other Drugs ¹	3
ADC 124	Chemical Dependency and the Family ¹	3
ADC 125	Co-Occurring Disorders I: Recognition and Referral ¹	3
ADC 126	Treatment And Case Management Of Chemically-Dependent Individual ¹	4
Total Units		16.00

¹ Acceptable substitutions are as follows: ADC 100 will substitute for ADC 120 Alcohol and Other Drugs; ADC 102 will substitute for ADC 122 Pharmacological And Physiological Effects Of Alcohol And Other Drugs; ADC 108 will substitute for ADC 124 Chemical Dependency and the Family; ADC 112 will substitute for ADC 125 Co-Occurring Disorders I: Recognition and Referral; and ADC 105 and ADC 106 or ADC 106 and ADC 116 will substitute for ADC 126 Treatment And Case Management Of Chemically-Dependent Individual.

Learning Outcomes

1. Develop an appropriate case history.
2. Assess and diagnose both the existence and degree of dependence on alcohol and other drugs.
3. Define the scope, responsibility and limitations of the Alcohol and Drug Counselor.
4. Formulate a comprehensive treatment plan based on client need, incorporating adjunctive support systems with primary treatment programs.
5. Demonstrate effective verbal and written communication skills.
6. Describe what constitutes an effective intervention.
7. Describe the dynamics and common roles in the family of the chemically dependent person.
8. Describe how to utilize community support systems, Alanon, Alateen, ACA, etc., to support family members through the recovery process.
9. Apply therapeutic interventions with traditional and non-traditional family structures.

Recommended Sequence

Make an appointment with your SBCC academic counselor through Starfish to create a Student Education Plan that reflects a recommended course sequence for this program that is tailored to your individual needs.

How to schedule an Academic Counseling appointment (<https://www.sbcc.edu/counselingcenter/counselingappointments.php>).